

What is clinical research?

Can you imagine using the same cell phone for 20 years? Well, twenty years ago, very few cell phones operated in general. Technology progress and development makes many of us changing devices every year. And every year, we expect something new, more functional, more friendly, and more fancy.

Now, try to think about medication you or your family members might be taking daily. We want our medications to be helpful, and quickly, we want them to be safe, short- and long-term, and we want them to be cost effective so that we can afford them.

In order to meet the criteria above, we must continue upgrading the existing "menu" of drugs available to us on the market. To do so, we must support clinical research.

All drugs developed in the US are controlled by FDA, Federal Drug Administration. With a very strict guideline on all stages of development, FDA's number one rule is to keep all safe. Meeting all FDA's requirements is not easy but definitely possible to achieve and sustain. Dr. Michael Bukhalo at Arlington Dermatology, previously known as Altman Dermatology Associates, is a living proof of that achievement.

Dr. Bukhalo, with his research staff, has been conducting clinical research for over 11 years and maintained perfect compliance records with FDA and pharmaceutical sponsors.

For many years, the research center at Arlington Dermatology, has been inviting hundreds of patients to actively participate in clinical trials related to dermatology and skin problems. Phase 2 and 3 studies as well as long-term open label studies at Arlington Dermatology allow many individuals to become front-runners of modern medicine while receiving comprehensive medical care study medication at no charge. While studies are not the only option to get medical care,



they might be an excellent choice for many patients.

Research Center at Arlington Dermatology (former Altman Dermatology Associates) has worked with many pharmaceutical companies developing topical, oral, and injectable drugs for psoriasis, acne, rosacea, actinic keratosis, dermatitis-eczema, and many more skin indication.

Dr. Bukhalo is a top researcher in dermatology, known for his works not only locally but nation-wide and globally. His main goal in research is to keep his patients safe while bringing the most novel and optimal therapy to his patients.

Please, call Arlington Dermatology at 847 392 5440 or 847 392 2985 and ask for our research staff to answer any questions and verify if we have any studies we can invite you to participate.

Please, read our next week column for more information about research and how you can help.

Currently, we are enrolling for psoriasis biologic study, acne topical study, rosacea study, and actinic keratosis study. We will be happy to meet with you and discuss your options. There is not charge for any of research visits or medication. Learn with us!

Arlington Dermatology

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